#### STATE OF NEVADA

# COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

# **POST News**

January 2020

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See our website for more Information: post.nv.gov And Facebook at Facebook.com/NVPOST

# POST Academy 2020-01 begins next week!

The POST Academy 2020-01 begins January 27, 2020. Best of luck to all the cadets!

If you have an employee needing to attend the academy, please contact Amanda Socha in order to get further information on registration for the next academy, 2020 -02 starting in July 2020. For the dates and deadlines for the upcoming POST academies in 2020, please visit the Academy Dates and Forms section of our website under Training.

If there are any questions please contact Amanda Socha at 775-687-3310, or at asocha@post.state.nv.us.

# **Training Specialist Opening**

Nevada POST is looking for a new training specialist to join our team! This position with the Training Division is a full-time tactical training officer located in Carson City at the Stewart Facility.

For more information visit the link below or go to post.state.nv.us website!

http://hr.nv.gov/uploadedFiles/hrnvgov/Content/Services/Recruitment/POST% 20Training%20Specialist%2010.29.19.pdf

# POST 2020 Professional Development Course Calendar

POST will currently be offering the following courses in 2020:

POST First-Line Supervisor Program: February 24th-28th & March 2nd-6th, 2020

Management Module I: March 23rd-27th, 2020

Basic Instructor Development Train-the-Trainer: June 22nd-25th, 2020

POST First-Line Supervisor Program: September 21st-25th & September 28-October

2, 2020

Management Module I: October 5th-9th, 2020

The tuition for these courses will be free. Check out our website for more info coming soon!

http://post.nv.gov/

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# SNALET/NALET Meetings

The February 2020

SNALET meeting will be held on February 12, 2020 at 9:30 A.M. located at Las Vegas Metropolitan Police Dept., 400 S. Martin Luther King Blvd - Las Vegas

The February2020

NALET meeting will
be held on February
20, 2020 at 9:30 A.M.
located at Regional
Public Safety Training
Center, 5190 Spectrum Blvd - Reno

# **Update on new training requirements**

During the last session of legislature, numerous bills affecting policing in our state were passed. Included in these are new training requirements that POST is addressing.

AB 478 makes changes to NRS 289.510. This bill adds continuing training requirements to the statute. Specifically, it requires POST to ensure all certified officers receive 12 hrs. of training annually as a requirement of maintaining their POST certificate. This training must be in 7 areas; 1) "De-escalation" 2) Racial Profiling 3) "Intrinsic Bias" 4) Officer well-being 5) Human trafficking 6) Mental health and 7) Firearms. This bill does not address specific performance objectives for each subject and does not make a distinction based on training category. As such this statute applies to all certification categories (Cat I, II, II and reserve).

This law takes effect October 1, 2019. POST received no funding to develop training in these areas, but our training division is working on curriculum. Our goal is to assist agencies in compliance with this requirement at every step. POST staff has spoken to training vendors with the intent of providing options for agencies to meet the mandate. To date one provider, PoliceOne, has reached out to POST and is offering a compliance package at reduced cost which includes nationally certified, on line training that meets the requirements of this bill. We are hopeful other training providers and agencies will also create training to allow more options.

As you know, POST uses the calendar year to determine training compliance. As a result, the first full calendar year in which agencies will be mandated to complete this training will be for calendar year 2020. This bill creates some confusion when compared to the regulatory requirement of 12 hours of training at the discretion of the agency. This will be an agenda item addressed at the November 4th Commission meeting. Staff will be looking for direction from the Commission on how to deal with the perceived conflict.

Finally, this bill requires "firearms training" regardless of category and with no exceptions (even if you or your agency do not carry firearms). POST looks at perishable/critical skills as a proficiency issue, not training. For agencies that carry firearms, demonstrating proficiency remains a requirement. This bill includes a training component on firearms (as opposed to demonstrating proficiency). As an example, agencies that do not authorize firearms could train their certified officer in policy regarding firearms, therefore, meeting the new requirement in this area. Bottom line is, POST is here to help all agencies meet the new mandates for calendar year 2020.

AB 129 makes changes to NRS 450B. For peace officers, this bill requires, as a condition of certification, that a certificate applicant complete training concerning identifying and interacting with persons with developmental disabilities. It appears this training must be included in basic training academies by October 1, 2019 and currently certified officers must receive training by October 1, 2020. POST has begun making changes and updates to the basic training subject "dealing with the mentally ill" and we are looking at making regulatory changes to the title of this mandated subject. Once the performance objective and reference materials have been updated, they will be made available and mandated to all academies. In the case of currently certified officers, most curriculum seen or being developed for AB 478 will also satisfy the requirements for this bill. So, by completing the new training requirements for calendar year 2020, officers will also meet the requirements for this one-time training mandate.

These along with other bills passed this last session will require many changes to our basic training curriculum. We have started to update curriculum and will keep all agencies posted on the progress. We are doing our best to deal with these mandates and provide as much resource to individual agencies as we can.

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# NRS/NAC & POST Regulations

NRS 289.550

Certification from POST requirements.

www.leg.state.nv.us/ NRS/NRS-289.html Reciprocity Eligibility Requirements NRS 289.460 Catego-

ry I

NRS 289.470 Category II

Peace Officer Definitions by Category.
www.http://
post.nv.gov/Training/
Reciprocity/
NAC 289.110

Minimum standards for appointment www.leg.state.nv.us/ NAC/NAC-289.html#NAC289Sec 110

# **How to Keep Your New Year's Resolution's**

By Randy Misch

It's that time of year again. Time to dispose of the Christmas Tree, take down the Christmas lights, and pack away the holiday decorations. Its also time to pick your New Year's Resolutions. The top 5 resolutions in 2019 were the following:

#5 - Learn a new skill or hobby

#4 – Save more and spend less

#3 - Lose Weight

#2 - Exercise more

#1 - Diet or eat healthier

It's not a surprise to see the top three resolutions listed above as those tend to be the top resolutions every year but how does one keep that resolution and not quit after a month or two? Studies show that only 8% will keep their resolutions and achieve their goals. Below are ways YOU can achieve your goals and keep your resolution.

#### SET REALISTIC GOALS

Most people set a goal of losing a certain amount of weight in a certain amount of time and when they don't see the weight flying off the scale, they get frustrated and quit. Instead of setting a goal to lose a certain amount of weight, try setting different goals. For instance, go take the PPFT right now and see what your scores are. Set a goal to improve all your scores and retest the PPFT in 3 or 4 months. If you're working out regularly, you will see increases in push ups and sit ups and you should see a dramatic change in your 300 meter and mile and a half times. You might not "lose" weight, but you might turn fat into muscle, which in the long run, is better for you.

#### MAKE IT SOCIAL

While its more difficult to keep yourself motivated to workout more, it's easier to stay motivated when you have a workout buddy or small workout group. Ask around the station or place of work, you will find other people who have the same resolutions as you do. Start a running club where you can track miles through a Fitbit or Garmin. Or, if finances allow, hire a personal trainer and pre-pay for workouts. Studies show people will stick with the workout program if they have financially committed to it ahead of time.

### **HAVE FUN**

Exercising should be fun and if you're not having fun then try something else. Studies show if you're having fun while your exercising you have a higher chance of staying active. So find something you enjoy doing and keep your body in motion. I personally enjoy swimming and playing basketball which are two activities that keep me active and keep me entertained.

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#### **Reserve Program**

The Reserve program has been updated! For enrollment packets, please see the Forms Tab on the POST website.

If you have any questions or need assistance with this program, please call or email Amanda at (775) 687-3310 or

asocha@post.state.nv.us

#### **Reciprocity Reminder**

As a reminder per the Commission meeting in September of 2018 all **POST Physical Fitness** Tests for Reciprocity will be administered by a POST staff member. For all Southern Nevada tests please contact Warren Turner at 775-687-3348 or wturner@post.state.nv .us For all Northern Nevada tests please contact Randy Misch at 775-687-3350 or rmisch@post.state.nv.us

#### **POST Professional Certificates Awarded**

POST is proud to list the following officers that have been awarded Professional Certificates during the month of December

#### Clark Co DA

Tracht, Kenneth B.; Advanced

#### **Clark Co Dept of Juvenile Justice Svcs**

Cambell, Lenise D.; Advanced Fletcher, Johnny J.; Advanced Godman Jr, James W.; Intermediate & Advanced

Joiner, Jacqueline D.; Advanced Lemos, Cesar G.; Intermediate & Advanced Pabon Jr, Carlos; Advanced

# Elko Co SO

Carroll, Aspyn L.; Intermedi<mark>ate</mark> Hawkins, Mark A.; Advanced Mathes, James E.; Ad<mark>vanced</mark>

#### LV Metro Detention Center

Barjon, Kier C.; Intermediate
Buchanan, Jeffrey A.; Supervisor
Curry-Simon, Donna R.; Intermediate & Advanced

Hooper, Maryin J.; Intermediate & Advanced McCleery, Jeremy L.; Supervisor Sheeley, Timothy R.: Intermediate & Advance

Sheeley, Timothy R.; Intermediate & Advanced Taylor, Douglas R.; Intermediate & Advanced

# LV Metro PD

Bybee, Russell B.; Supervisor
Chase, Ryan J.; Intermediate & Advanced
Cook, John Andrew S.; Intermediate & Advanced

Dannenberger, Matthew P.; Supervisor Fackrell, Sarah J.; Intermediate Foreman, Richard R.; Intermediate & Advanced

Garcia, Cesar R.; Intermediate, Advanced & Supervisor

Legrow, Mitchell A.; Intermediate & Advanced Loeffler, Michael E.; Intermediate & Advanced

Mangione, Michael M.; Supervisor

Martin, Marcus T.; Intermediate & Advanced Myrold, Eric A.; Intermediate & Advanced

Roberts Jr., Noel E.; Intermediate, Advanced &

Supervisor

Smith, Blake J.; Intermediate & Advanced

Strobehn, Brad D.; Advanced Van Pamel, Bradley S.; Supervisor Walt, Millard R.; Supervisor Weaver, Raymond L.; Supervisor Zerbe, Ina R.; Advanced

#### **LV Municipal Court Marshals**

Viloria, Audy V.; Intermediate & Advanced

#### **Lyon Co Juvenile Probation**

Gentine, Christopher A.; Intermediate Schumann, Andrea E.; Intermediate & Advanced

# Lyon Co SO

Pope, Brad M.; Advanced

Spencer, Richard C.; Intermediate & Advanced

#### NV Dept. of Public Safety

Coleman III, Robert C.; Advanced Delaney, Mark L.; Advanced Quackenboss, Patrick J.; Supervisor NV Dept of Wildlife

Jordan Jr, Victor W.; Intermediate

#### North LV PD

Emry, Sean P.; Intermediate & Advanced Jameson III, Robert; Intermediate & Advanced Sachs, Brian R.; Intermediate & Advanced

#### Reno Municipal Court/Marshals Office

Borkowski, Andrew J.; Advanced
Obregon, Dulce Y.; Advanced
Rush, Krystina S.; Intermediate & Advanced
Stone, Marlina M.; Supervisor

#### Reno PD

Harding, Michael J.; Intermediate & Advanced UNR PD

# Nero, Christopher J.; Supervisor

Washoe Co DA
Reynolds, Joel C.; Advanced

# Washoe Co SO

Tracy, Aaron L.; Advanced

#### **Washoe Tribal PD**

Ryan, Casey P.; Advanced